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HOW TO PACK A CARRY-ON BAG

How to be as efficient and stream-lined as you can when you don't want to check a bag.

1. Open your bag- see that space created by the telescoping handle of your bag? Use it! Fill it in with socks, stockings, undies. You won't believe how much more room you now have in your luggage. Create a base and then layer in your pants and tops or packing cubes after that.
2. I usually only bring a pair of dark jeans (they hide stains and look nicer than faded) a pair of black slacks or jeans and an olive or khaki pant. That's it. I also make sure the pants I am bringing have a bit of spandex or elastyne in them so they bounce back, if you know what I mean. Then I pack a lot of tops. My goal is to bring only three pairs of pants and around 6 tops.
3. I highly recommend using my packing cubes but if you don't have them layer the pants first. I fold and pack them in the suitcase with the waistline positioned out (touching the sides of the bag) this is the thickest part of the pant, which I don't want to bulk up in the middle of suitcase. Then I fill in with my tops, which I roll for space saving.
4. Load up on accessories. Scarves, jewelry-even belts don't take up a lot of room or add a lot of weight. So let the accessories change an outfit from day to night or more casual to upscale.
5. Maximum 3 pairs of shoes-including the pair you are wearing! I know this is tough advice but remember you are traveling not hosting the Oscars and shoes are a suitcase nemesis in that they are a pain to pack and take-up too much room. Just make sure your shoes are neutral colored so they go with everything.